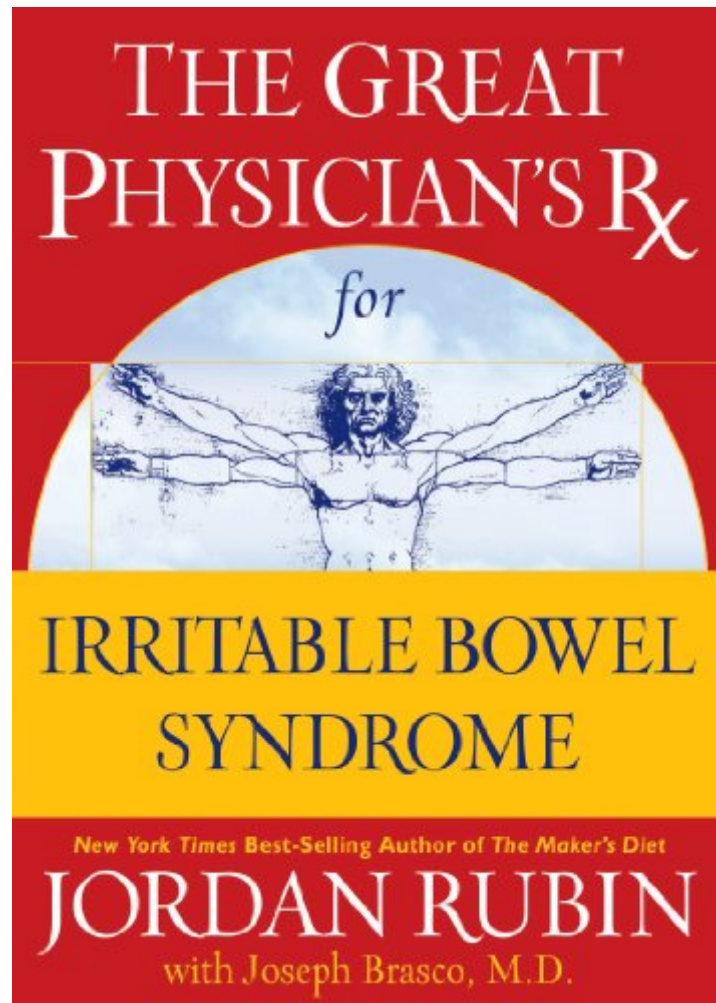


The book was found

The Great Physician's Rx For Irritable Bowel Syndrome (Rubin Series)



Synopsis

Jordan Rubin, along with Joseph Brasco, MD, shows readers how to apply the 7 Keys to Health and Wellness and naturally fight Irritable Bowel Syndrome, a painful and debilitating disease.

Book Information

File Size: 386 KB

Print Length: 129 pages

Simultaneous Device Usage: Up to 5 simultaneous devices, per publisher limits

Publisher: Thomas Nelson; annotated edition edition (October 8, 2006)

Publication Date: October 8, 2006

Sold by: Digital Services LLC

Language: English

ASIN: B0091W3C YE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #255,735 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Gastroenterology #37

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Irritable Bowel Syndrome

#832 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Personal Health > Healthy

Living

Customer Reviews

Jordin Rubin has a story that everyone should read! I have tried everything to alleviate IBS. There are two products from the Garden of Life recommended in this book that have absolutely made such a change in my misery from IBS that I will have to call them miracles. See if they will help you also. My doctor is also now convinced!

For anyone who has struggled with IBS for some time and has done any research, this book will be a very obvious and simple approach. However, if IBS is a new problem for you, you will find good recommendations on how to begin to treat the problem.

I will and do by all of Jordan Rubin books, meds etc. I have notes on my kindle to refer to when I am out of town. If you truly follow his ways, because he goes to the greatest doctor of all. The Bible.

Basically just an abridged version of his original book that he wrote about treating his condition (Crohn's or UC can't remember which) with no new information about IBS. His diet is difficult and hard to follow and I have seen it work wonders for a friend with UC, however this book was written for IBS, which he does not know how to treat.

Good information

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